

B	I	N	G	O
make skin-to-skin contact	10k - not a marathon	Gentle fingering	Sarah takes Matt's cloths off	Matt takes Sarah's cloths off
Gentle BJ	hold or spoon your partner in stillness for at least half an hour	Quickie	Back massage	Run hands along her curves
cradle or gently rock your partner's head or torso	massage your partner especially on the feet shoulders or head	FREE	Back rub	Kiss my face
Lawn chair fingering (Matts the lawn chair)	Straight up cuddling	Massage oils	Gentle touch	Naked hair braid
Gentle nipple sucking	General PDA	Relax and take deep breaths during intercourse	place your hand gently over your partner's genitals with the intention to comfort	Gentle boob job

B	I	N	G	O
massage your partner especially on the feet shoulders or head	Back massage	Sarah takes Matt's cloths off	Gentle BJ	Quickie
Gentle fingering	place your hand gently over your partner's genitals with the intention to comfort	Matt takes Sarah's cloths off	General PDA	Run hands along her curves
Lawn chair fingering (Matts the lawn chair)	Back rub	FREE	Kiss my face	10k - not a marathon
Gentle touch	Relax and take deep breaths during intercourse	make skin-to-skin contact	Gentle boob job	Straight up cuddling
Massage oils	Naked hair braid	cradle or gently rock your partner's head or torso	hold or spoon your partner in stillness for at least half an hour	Gentle nipple sucking

B	I	N	G	O
General PDA	Relax and take deep breaths during intercourse	Back massage	Naked hair braid	Back rub
make skin-to-skin contact	Lawn chair fingering (Matts the lawn chair)	Massage oils	hold or spoon your partner in stillness for at least half an hour	Matt takes Sarah's cloths off
cradle or gently rock your partner's head or torso	Gentle boob job	FREE	Straight up cuddling	Gentle touch
massage your partner especially on the feet shoulders or head	Run hands along her curves	Sarah takes Matt's cloths off	place your hand gently over your partner's genitals with the intention to comfort	Gentle fingering
Kiss my face	10k - not a marathon	Quickie	Gentle BJ	Gentle nipple sucking