

TUMBLE	BASE	HIGH-V	T	POM POMS
GRAPEVINE	TUCK	ROUND OFF	CARTWHEEL	SPIRIT
TOE TOUCH	TWIST	FREE	EXTENSION	LOW-V
NEEDLE	TEAM	PIKE	JUMPING JACK	REBOUND
JUMP	FLYER	SCORPION S	YELL	HARD WORK

TWIST	CARTWHEEL	T	GRAPEVINE	ROUND OFF
HIGH-V	YELL	POM POMS	FLYER	SPIRIT
NEEDLE	EXTENSION	FREE	LOW-V	BASE
JUMPING JACK	SCORPION S	TUMBLE	HARD WORK	TEAM
PIKE	REBOUND	TOE TOUCH	TUCK	JUMP

FLYER	SCORPION S	CARTWHEEL	REBOUND	EXTENSION
TUMBLE	NEEDLE	PIKE	TUCK	POM POMS
TOE TOUCH	HARD WORK	FREE	TEAM	JUMPING JACK
TWIST	SPIRIT	T	YELL	HIGH-V
LOW-V	BASE	ROUND OFF	GRAPEVINE	JUMP