

S	O	B	E	R
Treatment	Addiction	Has finished Step 3	Positive coping strategies	Mental Health
Family	Steroids	Pain pills	Affirmations	Resentments
Better communication	Money problems	FREE	Marijuana	Self-help support group
Meditation	Relationships	Memory loss	Physical Health	High risk situation
Heroin	Meth	Celebrated a recovery	Co-occurring disorder	Relapse

S	O	B	E	R
Inhalants	Better communication	Marijuana	Steroids	Affirmations
Treatment	Self-help support group	Money problems	Positive coping strategies	Meth
Meditation	Mental Health	FREE	Family	Has finished Step 3
Pain pills	Treatment Plan	Relapse	Relationships	Celebrated a recovery
Co-occurring disorder	Physical Health	Addiction	Memory loss	Trigger

S	O	B	E	R
Treatment Plan	Has a sponsor	Better communication	Relapse	Family
Money problems	Has fewer than 90 days clean/sober	Trigger	Affirmations	Treatment
Memory loss	Co-occurring disorder	FREE	Positive coping strategies	Marijuana
Has finished Step 3	Inhalants	Addiction	Heroin	Meth
Physical Health	Steroids	Relationships	Meditation	Resentments