

Treatment	Addiction	Fellowship	Relapse	Meditation
Celebrated a recovery milestone/Anniv within the past week	Self-help support group	Money problems	Affirmations	Positive coping strategies
Resentments	Trigger	FREE	Better communication	Has finished Step Nine
High risk situation	Relationships	Higher Power	Has fewer than 90 days clean/sober	Memory loss/ Blackouts
Has a sponsor	Big Book	Phone a Friend	self Love	Family

Trigger	Affirmations	Relapse	Celebrated a recovery milestone/Anniv within the past week	Money problems
Fellowship	self Love	Meditation	Big Book	Positive coping strategies
High risk situation	Better communication	FREE	Has finished Step Nine	Addiction
Has fewer than 90 days clean/sober	Phone a Friend	Treatment	Family	Relationships
Higher Power	Memory loss/ Blackouts	Resentments	Self-help support group	Has a sponsor

Big Book	Phone a Friend	Affirmations	Memory loss/ Blackouts	Better communication
Treatment	High risk situation	Higher Power	Self-help support group	Meditation
Resentments	Family	FREE	Relationships	Has fewer than 90 days clean/sober
Trigger	Positive coping strategies	Relapse	self Love	Fellowship
Has finished Step Nine	Addiction	Money problems	Celebrated a recovery milestone/Anniv within the past week	Has a sponsor