

p	i	r	u	!
Self-help support group	Addiction	Family	Relapse	Memory loss
Celebrated a recovery milestone/Anniv within the past week	Self love	Money problems	Affirmations	Positive coping strategies
Resentments	Treatment	FREE	Better communication	Has finished Step Nine
High risk situation	Relationships	Meditation	Has fewer than 90 days clean/sober	Mental Health Court
Has a sponsor	Big book	Phone a friend	Trigger	Co-occurring disorder

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Treatment	Affirmations	Relapse	Celebrated a recovery milestone/Anniv within the past week	Money problems
Family	Trigger	Memory loss	Big book	Positive coping strategies
High risk situation	Better communication	FREE	Has finished Step Nine	Addiction
Has fewer than 90 days clean/sober	Phone a friend	Self-help support group	Co-occurring disorder	Relationships
Meditation	Mental Health Court	Resentments	Self love	Has a sponsor

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Big book	Phone a friend	Affirmations	Mental Health Court	Better communication
Self-help support group	High risk situation	Meditation	Self love	Memory loss
Resentments	Co-occurring disorder	FREE	Relationships	Has fewer than 90 days clean/sober
Treatment	Positive coping strategies	Relapse	Trigger	Family
Has finished Step Nine	Addiction	Money problems	Celebrated a recovery milestone/Anniv within the past week	Has a sponsor