

B	I	N	G	O
Unsure	Afraid	Disappointed	Relaxed	Grounded
Confused	Surprised	Hysterical	Aggravated	Powerless
Startled	Apprehensive	Hurt	Enraged	Excited
Sad	Grief	Irritated	Satisfied	Distraught
Distracted	Happy	Bitter	Calm	Upset

B	I	N	G	O
Startled	Aggravated	Hurt	Relaxed	Happy
Apprehensive	Excited	Confused	Disappointed	Irritated
Upset	Powerless	Hysterical	Sad	Calm
Enraged	Afraid	Grounded	Unsure	Bitter
Worried	Depressed	Distracted	Surprised	Content

B	I	N	G	O
Sad	Grief	Powerless	Afraid	Upset
Depressed	Calm	Happy	Excited	Enraged
Apprehensive	Satisfied	Aggravated	Bitter	Startled
Grounded	Irritated	Confused	Disappointed	Hysterical
Hurt	Surprised	Unsure	Content	Distracted