

B	I	N	G	O
Try to understand the situation	Ask for someone else to help	Don't make things worse!	Talking can lead to a solution	Say how you feel but be respectful
Don't gang up with others	Try to think of a solution together	Stick to the agreement	Ask yourself... Are you being fair?	Talk with someone who can help you resolve the problem
Try seeing the good in people	Work Together	FREE	Be honest	No screaming
No telling of secrets because you are angry	Treat people the way you want to be treated	Perhaps share progress with someone else	No insults	See the other persons point of view
Listen to the other person	Don't blame anyone	Take time to calm down	Work out what each of you will do to resolve the situation	Don't interrupt

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Work Together	Ask yourself... Are you being fair?	Talking can lead to a solution	Don't gang up with others	Stick to the agreement
Don't make things worse!	Work out what each of you will do to resolve the situation	Say how you feel but be respectful	Don't blame anyone	Talk with someone who can help you resolve the problem
No telling of secrets because you are angry	Be honest	FREE	No screaming	Ask for someone else to help
No insults	Take time to calm down	Try to understand the situation	Don't interrupt	Treat people the way you want to be treated
Perhaps share progress with someone else	See the other persons point of view	Try seeing the good in people	Try to think of a solution together	Listen to the other person

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Don't blame anyone	Take time to calm down	Ask yourself... Are you being fair?	See the other persons point of view	Be honest
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Try seeing the good in people	Don't interrupt	FREE	Treat people the way you want to be treated	No insults
Work Together	Talk with someone who can help you resolve the problem	Talking can lead to a solution	Work out what each of you will do to resolve the situation	Don't make things worse!
No screaming	Ask for someone else to help	Stick to the agreement	Don't gang up with others	Listen to the other person