

B	I	N	G	O
trauma	911	deep breath	recovery	health
conflicts	technology	peer pressure	addiction	support
triggers	alcohol	FREE	family	friends
risky behavior	frustration	prevention	depression	misuse
anxiety	relapse	coping skills	withdrawal	crisis line

B	I	N	G	O
triggers	withdrawal	addiction	frustration	conflicts
recovery	friends	deep breath	misuse	alcohol
family	911	FREE	depression	prevention
crisis line	trauma	coping skills	risky behavior	anxiety
health	environment	support	peer pressure	technology

B	I	N	G	O
risky behavior	depression	triggers	crisis line	recovery
relapse	support	withdrawal	frustration	alcohol
prevention	addiction	FREE	family	deep breath
environment	health	anxiety	911	trauma
technology	peer pressure	friends	misuse	coping skills