

S	O	B	E	R
self-help support group	Has fewer than 90 days clean/sober	Has a sponsor	be careful with pain pills	jail
dont be a slave	Say no	probation	group home	Has finished Step Nine
pray to your higher power	steroids	FREE	Have a year sober/clean	fines
co-occurring disorder	control your impulses	memory loss	depression	inhalants
positive coping strategies	better communication	ecstasy	be honest with yourself	High risk situation

S	O	B	E	R
Meditation	fines	dont be a slave	depression	Have a year sober/clean
pray to your higher power	medication	co-occurring disorder	control your impulses	probation
Has finished Step Nine	steroids	FREE	Has fewer than 90 days clean/sober	jail
ecstasy	family	Say no	be careful with pain pills	heroin
group home	money problems	High risk situation	Mental Health	inhalants

S	O	B	E	R
family	Has fewer than 90 days clean/sober	cancer	Has a sponsor	depression
Say no	self-help support group	High risk situation	treatment	stress
addiction	Have a year sober/clean	FREE	medication	group home
alcohol	dont be a slave	Mental Health	Has finished Step Nine	jail
control your impulses	be careful with pain pills	fines	better communication	inhalants