

B	I	N	G	O
I will get through this.	I am a good person.	I am strong.	I have skills.	I can reach my goals.
I am happy.	I reach out.	I chose to be healthy.	I am a leader	I now give and receive love.
I am a team player.	I believe in myself.	FREE	I calmly work out problems.	I love who I am.
I can achieve anything.	I have greatness in my DNA.	I am working hard.	I choose to make positive choices.	I am stronger every day.
I am awesome.	I am calm.	I chose to be happy.	I am loved.	I finish what I start.

B	I	N	G	O
It is ok for me to be me.	I help others.	I have greatness in my DNA.	I chose to be healthy.	I love who I am.
I am awesome.	I am calm.	I finish what I start.	I choose to make positive choices.	I am happy.
I chose to be happy.	I am a leader	FREE	I believe in myself.	I am a good person.
I can reach my goals.	I will get through this.	Things will work out.	I am loved.	I am a team player.
I have skills.	I am radiant happy and whole.	I calmly work out problems.	I am strong.	I am working hard.

B	I	N	G	O
I chose to be happy.	I am happy.	I have greatness in my DNA.	I finish what I start.	I am radiant happy and whole.
I am a leader	Things will work out.	I am strong.	It is ok for me to be me.	I trust in myself.
I am loved.	I love who I am.	FREE	I can achieve anything.	I have skills.
I am a good person.	I am calm.	I choose to make positive choices.	I calmly work out problems.	I am worthy.
I will get through this.	I am a team player.	I now give and receive love.	I am awesome.	I reach out.