

B	I	N	G	O
tell an adult	who has been bullied	dont encourage the bully	spread kindness!	parental involvement
do not fight back	take action	provide comfort and support	Encourage a classmate to make a good choice	see something say something
support and include the victim	think before you act	FREE	Make a poster about anti bullying	get appropriate help
help kids understand bullying	stay at a safe distance	hold bystanders accountable	educate	pay attention to the warning signs
dont participate	do not encourage harmful behavior	reach out in friendship	think carefully about your actions	do not ignore the bully

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dont encourage the bully	think carefully about your actions	parental involvement	do not encourage harmful behavior	see something say something
help kids understand bullying	Make a poster about anti bullying	FREE	get appropriate help	who has been bullied
educate	reach out in friendship	tell an adult	do not ignore the bully	stay at a safe distance
hold bystanders accountable	pay attention to the warning signs	support and include the victim	take action	dont participate

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tell an adult	help kids understand bullying	hold bystanders accountable	take action	parental involvement
support and include the victim	do not ignore the bully	FREE	stay at a safe distance	educate
think before you act	see something say something	spread kindness!	think carefully about your actions	dont encourage the bully
get appropriate help	who has been bullied	provide comfort and support	do not fight back	dont participate