

S	O	B	E	R
Steroids	Addiction	Has fewer than 90 days clean/sober	Positive coping strategies	Meditation
Co-occurring disorder	Self-help support group	Meth	Affirmations	Pain pills
Resentments	Alcohol	FREE	Mental Health Court	High risk situation
Inhalants	Relapse	Marijuana	Money problems	Relationships
Heroin	Has finished Step Nine	Memory loss	Better communication	Celebrated a recovery milestone/Anniv within the past week

S	O	B	E	R
Mental Health Court	Meditation	Alcohol	Resentments	Better communication
Positive coping strategies	High risk situation	Inhalants	Self-help support group	Affirmations
Treatment	Memory loss	FREE	Co-occurring disorder	Has fewer than 90 days clean/sober
Money problems	Pain pills	Meth	Relapse	Celebrated a recovery milestone/Anniv within the past week
Addiction	Steroids	Trigger	Has a sponsor	Has finished Step Nine

S	O	B	E	R
Mental Health Court	Co-occurring disorder	Money problems	Has a sponsor	Affirmations
Addiction	Trigger	Treatment	Celebrated a recovery milestone/Anniv within the past week	Self-help support group
Family	Relapse	FREE	Marijuana	Pain pills
Memory loss	Inhalants	High risk situation	Alcohol	Relationships
Better communication	Resentments	Meditation	Has fewer than 90 days clean/sober	Meth