

B	I	N	G	O
Teach your mom or dad a jazz dance move	Donate an old dance costume or old dance shoes	Practice 16 ballet sautes in a row!	Teach a friend a tap step	Practice tendu's on a tuesday!
Love me all of your heart	Teach someone your favourite stretch or warm up exercise	Read a book about dance or a dancer	Explain to a family member why you love to dance	Share 3 things that you are grateful for with someone
Teach a friend the ballet positions	There's a kind of hush	FREE	Give yourself a hug. You're awesome!	Practice an acro bridge after a proper warmup 3 times tucking your chin to look at your belly button
Practice ballet runs across the floor	Teach a friend or family member a hip hop step	Practice putting your hair in a bun for ballet class	Practice a cartwheel 3 times with straight legs and pointed toes	Put on a mini-performance for your family or friends
Practice a bridge variation (ex. one leg up or one arm up)	Hold a teddy bear stand for 30 seconds	Set a dance goal you can accomplish by fall	Wear your studio t-shirt	Make a card for someone in your class for the first day of dance

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