

Support	Active Listening	Acceptance	Decision making	Participation
Giving & Receiving	Co-operation	Share Feelings	Intimacy	Self-Love
Thoughtful	Balance	FREE	Honesty	Exchange
Family	Positive Self-esteem	Friends	Loved Ones	Respect
Encouragement	Good Communication	Effort	Boundaries	Appreciation

Self-Love	Boundaries	Patience	Exchange	Balance
Family	Share Feelings	Appreciation	Thoughtful	Active Listening
Honesty	Participation	FREE	Good Communication	Forgiveness
Giving & Receiving	Co-operation	Decision making	Intimacy	Trust
Intimacy	Positive Self-esteem	Care	Loved Ones	Acceptance

Friends	Co-operation	Honesty	Support	Boundaries
Understanding	Trust	Commitment	Appreciation	Participation
Intimacy	Connection	FREE	Active Listening	Thoughtful
Giving & Receiving	Care	Family	Decision making	Balance
Exchange	Encouragement	Loved Ones	Intimacy	Positive Self-esteem