

B	I	N	G	O
restlessness	0.45% sodium chloride	Na intake restricted	loss of GI secretion	dry sticky mucous membranes
Hyponatremia	profuse watery diarrhea	lab value 145>	Dextrose 5%	profuse Diaphoresis(sweating)
rough dry tongue	Free Space	FREE SPACE	confusion	convulsion/coma
processed food increase Na	decrease urine output	lab values <135	Thirst	excessive intake plain H2O
Hypernatremia	normal ranges Na 135-145	Increase Fever	sodium tablets	Increase Temp

B	I	N	G	O
rough dry tongue	sodium tablets	Dextrose 5%	decrease urine output	Hyponatremia
loss of GI secretion	convulsion/coma	Na intake restricted	excessive intake plain H2O	Free Space
confusion	0.45% sodium chloride	FREE SPACE	Thirst	lab values <135
Increase Temp	restlessness	Increase Fever	processed food increase Na	Hypernatremia
dry sticky mucous membranes	canned foods powder cocoa milk	profuse Diaphoresis(sweating)	lab value 145>	profuse watery diarrhea

B	I	N	G	O
processed food increase Na	Thirst	rough dry tongue	Increase Temp	loss of GI secretion
normal ranges Na 135-145	profuse Diaphoresis(sweating)	sodium tablets	decrease urine output	Free Space
lab values <135	Dextrose 5%	FREE SPACE	confusion	Na intake restricted
canned foods powder cocoa milk	dry sticky mucous membranes	Hypernatremia	0.45% sodium chloride	restlessness
profuse watery diarrhea	lab value 145>	convulsion/coma	excessive intake plain H2O	Increase Fever