

B	I	N	G	O
Suicidal thoughts	ADHD	Bipolar Disorder	Self Harm(cutting burning etc)	Low self esteem
Anxiety	Someone you care abt die	PTSD	Abuse	Seen someone kts
Someone you care about kts	Trauma	FREE	Almost getting murdered	Depression
Domestic abuse	Sexual Assault	Emotional Abuse	DID	OCD
Borderline personality	Anger	Seeing death	suicide attempts	Bipolar

B	I	N	G	O
Trauma	Abuse	Self Harm(cutting burning etc)	Anxiety	PTSD
Bipolar Disorder	suicide attempts	Low self esteem	Anger	Seen someone kts
Domestic abuse	Almost getting murdered	FREE	Depression	ADHD
DID	Seeing death	Suicidal thoughts	Bipolar	Sexual Assault
Emotional Abuse	OCD	Someone you care about kts	Someone you care abt die	Borderline personality

B	I	N	G	O
Anger	Seeing death	Abuse	OCD	Almost getting murdered
Suicidal thoughts	Domestic abuse	Emotional Abuse	Someone you care abt die	Low self esteem
Someone you care about kts	Bipolar	FREE	Sexual Assault	DID
Trauma	Seen someone kts	Self Harm(cutting burning etc)	suicide attempts	Bipolar Disorder
Depression	ADHD	PTSD	Anxiety	Borderline personality