

B	I	N	G	O
Vitamin E	Bones	Fats	Muscles	Immune System
Cheese	Vitamin D	Lettuce	Calcium	Vitamin A
Vitamin K	Carbohydrates	FREE	Glucose	Grains
Soluble	Healthy	Milk	Fatty Tissue	Iron
Carrots	Peppers	Cholesterol	supplement s	Fat cells

B	I	N	G	O
Vitamin K	supplement s	Calcium	Healthy	Cheese
Muscles	Grains	Fats	Iron	Carbohydrates
Glucose	Bones	FREE	Fatty Tissue	Milk
Fat cells	Vitamin E	Cholesterol	Soluble	Carrots
Immune System	Fish	Vitamin A	Lettuce	Vitamin D

B	I	N	G	O
Soluble	Fatty Tissue	Vitamin K	Fat cells	Muscles
Peppers	Vitamin A	supplement s	Healthy	Carbohydrates
Milk	Calcium	FREE	Glucose	Fats
Fish	Immune System	Carrots	Bones	Vitamin E
Vitamin D	Lettuce	Grains	Iron	Cholesterol