

B	I	N	G	O
leader	Be kind	Acceptance	Fear	Support
Protective Boundaries	Defining Boundaries	anger	Self	Encouragement
Short Term	Understanding	FREE	Cooperation	Sadness
Long-term	Organized	Trust	Patience	Shame
Understanding	Friends	Forgiveness	Respect	Feelings

B	I	N	G	O
Cooperation	Decisions	Sadness	Protective Boundaries	Patience
Communication	Understanding	Support	Long-term	Organized
anger	Be kind	FREE	leader	Respect
Partners-relationships	Encouragement	Feelings	Shame	listen better
Short Term	Self	Understanding	Defining Boundaries	Acceptance

B	I	N	G	O
Patience	Defining Boundaries	Sadness	helpful	Cooperation
respect other people	listen better	Encouragement	Communication	Support
Self	Fear	FREE	Be kind	leader
Protective Boundaries	Short Term	Organized	Long-term	Forgiveness
Shame	Understanding	Partners-relationships	Acceptance	Decisions