

S	O	B	E	R
Steroids	Affirmations	Has finished Step Nine	Positive coping strategies	Mental Health Court
Has a sponsor	Self-help support group	Money problems	Better communication	Pain pills
Resentments	Treatment	FREE	Celebrated a recovery milestone/Anniv within the past week	Marijuana
Family	Meditation	Relapse	Memory loss	Relationships
High risk situation	Meth	Heroin	Co-occurring disorder	NNAMHS

S	O	B	E	R
Treatment	Relapse	Pain pills	NNAMHS	Relationships
Celebrated a recovery milestone/Anniv within the past week	Family	Mental Health Court	Has a sponsor	Meth
Better communication	Inhalants	FREE	Affirmations	Memory loss
Steroids	Co-occurring disorder	Trigger	Positive coping strategies	Money problems
Has finished Step Nine	Marijuana	Meditation	High risk situation	Self-help support group

S	O	B	E	R
Has a sponsor	Relationships	Meditation	Positive coping strategies	Affirmations
Treatment	Pain pills	Has finished Step Nine	Family	Meth
Marijuana	Inhalants	FREE	Celebrated a recovery milestone/Anniv within the past week	Better communication
Co-occurring disorder	Resentments	Mental Health Court	Heroin	NNAMHS
Self-help support group	Steroids	Memory loss	High risk situation	Has fewer than 90 days clean/sober