

B	I	N	G	O
Stay Calm	Advocate For Others	Communicate	Please stop!	I need help...
Can I please take a break	Self-Advocacy	Independence	Ask For Help	Respect
Stop Bullying	Ask Questions	Express Yourself	Get Help	Reflect
I am feeling...	Listen	Confidence	I'm struggling...	Assertive
Problem Solving	Can you give me space	Success	Choices	Decisions

B	I	N	G	O
Stop Bullying	Ask Questions	Respect	Ask For Help	Assertive
Choices	Reflect	Express Yourself	I need help...	Listen
Can I please take a break	Communicate	Independence	I'm struggling...	Stay Calm
I am feeling...	Can you give me space	Self-Advocacy	Confidence	Please stop!
Problem Solving	Success	Decisions	Advocate For Others	Get Help

B	I	N	G	O
Reflect	I'm struggling...	Can you give me space	Choices	Confidence
Assertive	Decisions	Can I please take a break	Express Yourself	Stay Calm
I am feeling...	Problem Solving	Independence	Ask Questions	Self-Advocacy
Stop Bullying	Listen	Success	Ask For Help	Advocate For Others
Get Help	Respect	Please stop!	Communicate	I need help...