S	O	B	E	R
Self-help support group	12 step	Co-occurring disorder	NNAMHS	Meditation
Better communication	Resentments	Mental Health Court	AA	NA
Relationships	Treatment	**FREE**	Addiction	Has finished Step Nine
Al-Anon	High risk situation	Positive coping strategies	Medication	Relapse
Has a sponsor	Memory loss	Family	Affirmations	Money problems

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S	O	B	E	R
Treatment	Positive coping strategies	NA	Money problems	Relapse
Addiction	Al-Anon	Meditation	Better communication	Memory loss
AA	Has fewer than 90 days clean/sober	**FREE**	12 step	Medication
Self-help support group	Affirmations	Trigger	NNAMHS	Mental Health Court
Co-occurring disorder	Has finished Step Nine	High risk situation	Has a sponsor	Resentments

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S	O	B	E	R
Better communication	Relapse	High risk situation	NNAMHS	12 step
Treatment	NA	Co-occurring disorder	Al-Anon	Memory loss
Has finished Step Nine	Has fewer than 90 days clean/sober	**FREE**	Addiction	AA
Affirmations	Relationships	Meditation	Family	Money problems
Resentments	Self-help support group	Medication	Has a sponsor	Celebrated a recovery milestone/Anniv within the past week

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