

S	O	B	E	R
Treatment	12-Steps	Communication	Relapse	Marijuana
Benzodiazepines	Sponsor	Opioids	Acceptance	Self-help support group
Addiction	Goal	FREE	High risk situation	Resentments
Higher Power	Recovery	Denial	Meditation	Coping Skills
Affirmations	Alcohol	Meth	Birthday	PAWS

S	O	B	E	R
Trigger	Relationships	Recovery	Opioids	Resentments
Affirmations	Alcohol	PAWS	Meditation	Benzodiazepines
Meth	Acceptance	FREE	Goal	12-Steps
Marijuana	Treatment	Withdrawal	Birthday	Addiction
Relapse	Co-occurring disorder	High risk situation	Communication	Denial

S	O	B	E	R
Meth	Benzodiazepines	Recovery	PAWS	Co-occurring disorder
Acceptance	Withdrawal	Communication	Trigger	Tolerance
Birthday	Resentments	FREE	Higher Power	Relapse
12-Steps	Alcohol	Meditation	High risk situation	Dependence
Treatment	Addiction	Self-help support group	Affirmations	Sponsor