

S	O	B	E	R
Self-help support group	Addiction	Has a sponsor	Pain pills	Meditation
Family	Resentments	Mental Health Court	Affirmations	Money problems
Relationships	Treatment	FREE	Better communication	High risk situation
Co-occurring disorder	Inhalants	Positive coping strategies	Marijuana	Relapse
Has finished Step Nine	Memory loss	Has fewer than 90 days clean/sober	Celebrated a recovery milestone/Anniv within the past week	Methadone

S	O	B	E	R
Treatment	Positive coping strategies	Money problems	Methadone	Relapse
Better communication	Co-occurring disorder	Meditation	Family	Memory loss
Affirmations	Heroin	FREE	Addiction	Marijuana
Self-help support group	Celebrated a recovery milestone/Anniv within the past week	Trigger	Pain pills	Mental Health Court
Has a sponsor	High risk situation	Inhalants	Has finished Step Nine	Resentments

S	O	B	E	R
Family	Relapse	Inhalants	Pain pills	Addiction
Treatment	Money problems	Has a sponsor	Co-occurring disorder	Memory loss
High risk situation	Heroin	FREE	Better communication	Affirmations
Celebrated a recovery milestone/Anniv within the past week	Relationships	Meditation	Has fewer than 90 days clean/sober	Methadone
Resentments	Self-help support group	Marijuana	Has finished Step Nine	God