

S	O	B	E	R
Steroids	Affirmations	Addiction	Completed Phase 2	Meth
High risk situation	Completed MRT	Resentments	Meditation	Been to rehab
Relationship Conflict	Treatment	Drug Court Bingo	Better communication	Marijuana
Has fewer than 90 days sober	Has finished AA/NA Step Nine	Pain pills	Heroin	Memory loss
Relapse	Completed Phase 4	Improved Relationships	Completed Phase 3	Celebrated a recovery milestone/Anniv within the past week

S	O	B	E	R
Co-occurring disorder	Marijuana	High risk situation	Heroin	Better communication
Relationship Conflict	Money problems	Has fewer than 90 days sober	Has finished AA/NA Step Nine	Resentments
Been to rehab	Treatment	Drug Court Bingo	Affirmations	Meth
Improved Relationships	Inhalants	Completed MRT	Completed Phase 2	Meeting your savings goals
Meditation	Positive coping strategies	Celebrated a recovery milestone/Anniv within the past week	Completed AA/NA Step 3	Memory loss

S	O	B	E	R
Inhalants	Affirmations	Has a sponsor	Addiction	Heroin
Completed MRT	Steroids	Celebrated a recovery milestone/Anniv within the past week	Work promotion within last month	Trigger
Completed MRT step 3	Better communication	Drug Court Bingo	Money problems	Meditation
Completed Phase 1	High risk situation	Completed AA/NA Step 3	Been to rehab	Meth
Has finished AA/NA Step Nine	Completed Phase 2	Marijuana	Completed Phase 4	Memory loss