

H	A	P	P	Y
Trusting	Amazing	Affirmations	Exercise	Proud
Joyful	Creative	Supportive	Modest	Brave
Positive	Snazzy	FREE	Uplifting	Caring
Mindful	Helpful	Stigma	Coping Skills	Honorable
Resilient	Incredible	Passionate	Self-Esteem	Funny

H	A	P	P	Y
Snazzy	Helpful	Friendly	Lively	Honorable
Family	Caring	Communication	Loving	Joyful
Inspiring	Bubbly	FREE	Stigma	Relationships
Honest	Talented	Brave	Uplifting	Blissful
Mindful	Proud	Kind	Creative	Exercise

H	A	P	P	Y
Stigma	Nurturing	Uplifting	Relationships	Positive
Modest	Respectful	Caring	Compassion	Optimistic
Joyful	Creative	FREE	Passionate	Lively
Blissful	Helpful	Affirmations	Inspiring	Coping Skills
Loving	Tolerant	Charming	Worthy	Wonderful