

S	O	B	E	R
Treatment	Addiction	High risk situation	Recovery House	Newports
Family	Sponsor	Positive coping strategies	Affirmations	Resentments
Beyonce	Pizza	FREE	Memory loss	Self-help support group
Michael Myers	Relationships	Money problems	Ramen Noodles	Marijuana
Inhalants	Pain pills	Celebrated a recovery milestone/Anniv within the past week	Co-occurring disorder	Relapse

S	O	B	E	R
Meditation	Beyonce	Memory loss	Sponsor	Affirmations
Treatment	Self-help support group	Pizza	Recovery House	Pain pills
Michael Myers	Newports	FREE	Family	High risk situation
Positive coping strategies	Trigger	Relapse	Relationships	Celebrated a recovery milestone/Anniv within the past week
Co-occurring disorder	Ramen Noodles	Addiction	Money problems	clean/sober

S	O	B	E	R
Trigger	Healthy communication	Beyonce	Relapse	Family
Pizza	Heroin	clean/sober	Affirmations	Treatment
Money problems	Co-occurring disorder	FREE	Recovery House	Memory loss
High risk situation	Meditation	Addiction	Inhalants	Pain pills
Ramen Noodles	Sponsor	Relationships	Michael Myers	Resentments