

B	I	N	G	O
Stand up and say "I am _____ and I can do anything I set my mind to"	Acceptance	Give yourself an high five	Share a happy event in your life	Negative Self Talk
Give someone in the group a high five	Stand up and let everyone give you an applause	Relationships	Compliment the person to the right of you.	Self-esteem
Share a happy event in your life	Talk about someone you admire	FREE	Describe something someone could do to make you happy.	I'm happiest when I _____.
My favorite part of the day	Share a characteristic you admire	Name something you would like to be better at.	I feel good about my self when_____.c you admire	Positive Self Talk
High Self esteem	Give a compliment to the person to your left	Say something positive about yourself	Talk about the three things you are grateful for.	Give the person across from you a compliment.

B	I	N	G	O
Talk about someone you admire	Compliment the person to the right of you.	Share a happy event in your life	Give someone in the group a high five	Relationships
Give yourself an high five	Talk about the three things you are grateful for.	Negative Self Talk	Give a compliment to the person to your left	Self-esteem
My favorite part of the day	Describe something someone could do to make you happy.	FREE	I'm happiest when I _____.	Acceptance
I feel good about my self when_____.c you admire	Say something positive about yourself	Stand up and say "I am _____ and I can do anything I set my mind to"	Give the person across from you a compliment.	Share a characteristic you admire
Name something you would like to be better at.	Positive Self Talk	Share a happy event in your life	Stand up and let everyone give you an applause	High Self esteem

B	I	N	G	O
Give a compliment to the person to your left	Say something positive about yourself	Compliment the person to the right of you.	Positive Self Talk	Describe something someone could do to make you happy.
Stand up and say "I am _____ and I can do anything I set my mind to"	My favorite part of the day	Name something you would like to be better at.	Stand up and let everyone give you an applause	Negative Self Talk
Share a happy event in your life	Give the person across from you a compliment.	FREE	Share a characteristic you admire	I feel good about my self when _____.c you admire
Talk about someone you admire	Self-esteem	Share a happy event in your life	Talk about the three things you are grateful for.	Give yourself an high five
I'm happiest when I _____.	Acceptance	Relationships	Give someone in the group a high five	High Self esteem