

B	I	N	G	O
Uncomfortable	Anger	Discouraged	Overwhelmed	Frustration
Awkward	Tired	Jealous	Angry	Offended
Stress	Unsure	FREE	Annoyed	Embarrassed
Feeling hopeless	Scared	Feeling worthless	Distracted	Guilty
Disgusted	Anxious	Loneliness	Worried	Confused

B	I	N	G	O
Unsure	Angry	Overwhelmed	Awkward	Jealous
Discouraged	Worried	Frustration	Anxious	Offended
Feeling hopeless	Annoyed	FREE	Embarrassed	Anger
Distracted	Loneliness	Uncomfortable	Confused	Scared
Feeling worthless	Guilty	Stress	Tired	Disgusted

B	I	N	G	O
Anxious	Loneliness	Angry	Guilty	Annoyed
Uncomfortable	Feeling hopeless	Feeling worthless	Tired	Frustration
Stress	Confused	FREE	Scared	Distracted
Unsure	Offended	Overwhelmed	Worried	Discouraged
Embarrassed	Anger	Jealous	Awkward	Disgusted