| B | I | N | G | O |
|---|---|---|---|---|
| Substance abuse | Abuse | Depression | Resources | Isolation |
| Caregiver burden | Stigma | Medication | Access | Physical health |
| Sleep | Support | **FREE** | Ageism | Grief |
| Identity | Sensory changes | Interactions | Finances | Living arrangements |
| Distrust | Anxiety | Mobility | Technology | Cognitive decline |



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|---|---|---|---|---|
| Support | Access | Resources | Caregiver burden | Medication |
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