

B	I	N	G	O
touch starved	bipolar disorder	fear of death	random flashbacks	keep emotions/problems to yourself
constantly angry	social anxiety	on meds	body dysmorphia	self harm
triggered easily	catatonic depression	FREE	hate being touched	hyper or lack sexually
selective mutism	insomnia	panic attacks	goes ghost when you're life is going downhill	mentally ill at young age
clinical depression	seeing/seen a psychiatrist	cry due to frustration	unsolved trauma	daddy/mommy issues

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triggered easily	unsolved trauma	body dysmorphia	insomnia	constantly angry
random flashbacks	hyper or lack sexually	fear of death	mentally ill at young age	catatonic depression
hate being touched	bipolar disorder	FREE	goes ghost when you're life is going downhill	panic attacks
daddy/mommy issues	touch starved	cry due to frustration	selective mutism	clinical depression
keep emotions/problems to yourself	hallucinations	self harm	on meds	social anxiety

B	I	N	G	O
selective mutism	goes ghost when you're life is going downhill	triggered easily	daddy/mommy issues	random flashbacks
seeing/seen a physiatrist	self harm	unsolved trauma	insomnia	catatonic depression
panic attacks	body dysmorphia	FREE	hate being touched	fear of death
hallucinations	keep emotions/problems to yourself	clinical depression	bipolar disorder	touch starved
social anxiety	on meds	hyper or lack sexually	mentally ill at young age	cry due to frustration