

DOMESTIC VIOLENCE BINGO

shelter	avoidance	Sense of SELF	emotional abuse	relaxations
identity	cycle of violence	sexual abuse	physical abuse	code words
psychological safety	sanctuary	SAFE SPACE	stalking	coping skills
flight- fight- freeze	future	safety	harassment	preparing for change
feeling overwhelmed	emotions	loss	court order	neglect

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identity	harassment	code words	self respect	counseling
relaxations	flight-fight-freeze	coping skills	future	sexual abuse
stalking	avoidance	SAFE SPACE	physical abuse	loss
neglect	group therapy	depression	emotional abuse	physical safety
psychological safety	safety planning	court order	preparing for change	cycle of violence

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preparing for change	loss	neglect	avoidance	flight- fight- freeze
Sense of SELF	harassment	cycle of violence	shelter	counseling
verbal abuse	triggers	SAFE SPACE	depression	code words
relaxations	physical abuse	domestic violence	stalking	identity
court order	psychological safety	future	emotional abuse	coping skills