

B	I	N	G	O
Swelling and hives	4 x 4 x 4	CPR	Put in recovery position	First Aid Kit
Burns	Send for help	Lay down and elevate legs	5 Back Blows	Puncture
Rescue breaths	Un-Responsive	FREE	Adults	Duty of care.
EEC	Put on gloves	Elevate and apply pressure	Danger	Infant
Check for Danger	Breathing	Pale Cold Clammy Skin	Wash your hand	COWS

B	I	N	G	O
Un-Responsive	5 Back Blows	Put in recovery position	Burns	Lay down and elevate legs
CPR	Wash your hand	First Aid Kit	Breathing	Puncture
EEC	Adults	FREE	Duty of care.	4 x 4 x 4
Danger	Pale Cold Clammy Skin	Swelling and hives	COWS	Put on gloves
Elevate and apply pressure	Infant	Rescue breaths	Send for help	Check for Danger

B	I	N	G	O
Breathing	Pale Cold Clammy Skin	5 Back Blows	Infant	Adults
Swelling and hives	EEC	Elevate and apply pressure	Send for help	First Aid Kit
Rescue breaths	COWS	FREE	Put on gloves	Danger
Un-Responsive	Puncture	Put in recovery position	Wash your hand	CPR
Duty of care.	4 x 4 x 4	Lay down and elevate legs	Burns	Check for Danger