

Self-Love Bingo

mindfulness	Alone Time	Family	Watch Tv	Nap
Discipline	happiness	Self-care	Be	Solo Date
eat clean	paint & chill	Self Love	Boundaries	Joy
Learn new hobbies	drink water	Music	Journal	Read
Friends	Bubble Bath	Sit in the sun	take a trip	Drink a Hot Tea

Self-Love Bingo

paint & chill	Be	Watch Tv	Discipline	Self-care
Family	take a trip	Nap	Bubble Bath	Solo Date
Learn new hobbies	Boundaries	Self Love	Joy	Alone Time
Journal	Sit in the sun	mindfulness	Drink a Hot Tea	drink water
Music	Read	eat clean	happiness	Friends

Self-Love Bingo

Bubble Bath	Sit in the sun	Be	Read	Boundaries
mindfulness	Learn new hobbies	Music	happiness	Nap
eat clean	Drink a Hot Tea	Self Love	drink water	Journal
paint & chill	Solo Date	Watch Tv	take a trip	Family
Joy	Alone Time	Self-care	Discipline	Friends