

B	I	N	G	O
straddle on	backhandspring	floor	roundoff bhs tuckback	grips
catch high bar	stick it	layout	bars	punch
stick	tuck on	FREE	beam	get a grip
giants	sprint	got chalk?	front handspring	kip
forward roll beam	cartwheel beam	pike on	tumble	flip

B	I	N	G	O
tuck on	bars	roundoff bhs tuckback	catch high bar	layout
floor	tumble	grips	cartwheel beam	punch
giants	beam	FREE	get a grip	backhandspring
front handspring	pike on	straddle on	flip	sprint
got chalk?	kip	stick	stick it	forward roll beam

B	I	N	G	O
cartwheel beam	pike on	bars	kip	beam
straddle on	giants	got chalk?	stick it	grips
stick	flip	FREE	sprint	front handspring
tuck on	punch	roundoff bhs tuckback	tumble	floor
get a grip	backhandspring	layout	catch high bar	forward roll beam