

B	I	N	G	O
Views Self as a Good Person	Addictive Thinking	Irrational Thoughts	Shouldy attitude	NEGATIVE prediction of the future
Expect others to change for your needs	Victim Stance	Power Thrust	Anger as Control	Self Pity Stance
Unrealistic Expectations	jumping to conclusions	FREE	Closed Thinking	Lack of Time Perspective
Maximizing	Superman syndrome	Minimizing	Lack of Empathy for Others	Overly concerns with what is FAIR
Lack of Effort	Criminal Thinking	Relapse Thinking	personalization	Fear of Fear

B	I	N	G	O
jumping to conclusions	Anger as Control	Shouldy attitude	Expect others to change for your needs	Power Thrust
Irrational Thoughts	personalization	NEGATIVE prediction of the future	Criminal Thinking	Self Pity Stance
Maximizing	Closed Thinking	FREE	Lack of Time Perspective	Addictive Thinking
Lack of Empathy for Others	Relapse Thinking	Views Self as a Good Person	Fear of Fear	Superman syndrome
Minimizing	Overly concerns with what is FAIR	Unrealistic Expectations	Victim Stance	Lack of Effort

B	I	N	G	O
Criminal Thinking	Relapse Thinking	Anger as Control	Overly concerns with what is FAIR	Closed Thinking
Views Self as a Good Person	Maximizing	Minimizing	Victim Stance	NEGATIVE prediction of the future
Unrealistic Expectations	Fear of Fear	FREE	Superman syndrome	Lack of Empathy for Others
jumping to conclusions	Self Pity Stance	Shouldy attitude	personalization	Irrational Thoughts
Lack of Time Perspective	Addictive Thinking	Power Thrust	Expect others to change for your needs	Lack of Effort