

B	I	N	G	O
Things to look for: has self-directed goals	Green Flag: accepting	Obstacles: defensiveness	Skills to build a healthy relationship: communication	Red Flag: demands all your time
Green Flag: thoughtful	Things to look for: Listens	Skills to build a healthy relationship: Share feelings	Green Flag: have fun together	Skills to build a healthy relationship: apologize when wrong
Things to look for: Balanced giving and receiving	Things to look for: similar values	FREE	Green Flag: respectful	Red Flag: breaks promises
Red Flag: constant negativity	Skills to build a healthy relationship: share decision making	Red Flag: controlling	Obstacles: takes self too seriously	Red Flag: self-centered
Obstacles: not expressing feelings	Green Flag: sincere	Skills to build a healthy relationship: active listening	Things to look for: talks about feelings	Obstacles: Being critical

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Things to look for: similar values	Green Flag: have fun together	Skills to build a healthy relationship: communication	Green Flag: thoughtful	Skills to build a healthy relationship: Share feelings
Obstacles: defensiveness	Things to look for: talks about feelings	Red Flag: demands all your time	Green Flag: sincere	Skills to build a healthy relationship: apologize when wrong
Red Flag: constant negativity	Green Flag: respectful	FREE	Red Flag: breaks promises	Green Flag: accepting
Obstacles: takes self too seriously	Skills to build a healthy relationship: active listening	Things to look for: has self-directed goals	Obstacles: Being critical	Skills to build a healthy relationship: share decision making
Red Flag: controlling	Red Flag: self-centered	Things to look for: Balanced giving and receiving	Things to look for: Listens	Obstacles: not expressing feelings

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Green Flag: sincere	Skills to build a healthy relationship: active listening	Green Flag: have fun together	Red Flag: self-centered	Green Flag: respectful
Things to look for: has self-directed goals	Red Flag: constant negativity	Red Flag: controlling	Things to look for: Listens	Red Flag: demands all your time
Things to look for: Balanced giving and receiving	Obstacles: Being critical	FREE	Skills to build a healthy relationship: share decision making	Obstacles: takes self too seriously
Things to look for: similar values	Skills to build a healthy relationship: apologize when wrong	Skills to build a healthy relationship: communication	Things to look for: talks about feelings	Obstacles: defensiveness
Red Flag: breaks promises	Green Flag: accepting	Skills to build a healthy relationship: Share feelings	Green Flag: thoughtful	Obstacles: not expressing feelings