B	I	N	G	O
Stay Calm	Advocate for others	Communication	Please Stop	I am Struggling
Can you give me Space	Respect	I need help	Ask Questions	Listen
Reflect	Stop Bullying	**FREE**	Assertive	Express yourself
Get Help	Problem Solving	I am Feeling	Decisions	I am feeling
Confidence	Can I please take a break	Independence	Success	Choices

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B	I	N	G	O
Stop Bullying	Ask Questions	Please Stop	Can you give me Space	I need help
Communication	Success	I am Struggling	Can I please take a break	Listen
Get Help	Assertive	**FREE**	Express yourself	Advocate for others
Decisions	Independence	Stay Calm	Choices	Problem Solving
I am Feeling	I am feeling	Reflect	Respect	Confidence

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B	I	N	G	O
Can I please take a break	Independence	Ask Questions	I am feeling	Assertive
Stay Calm	Get Help	I am Feeling	Respect	I am Struggling
Reflect	Choices	**FREE**	Problem Solving	Decisions
Stop Bullying	Listen	Please Stop	Success	Communication
Express yourself	Advocate for others	I need help	Can you give me Space	Confidence

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