

B	I	N	G	O
Stay Calm	Advocate for Others	Choices	Listen	I am feeling
Assertive	Respect	I am struggling	Advocate for others	Reflect
Stop bullying	Ask for help	Decisions	Express yourself	Problem Solving
Get Help	Independence	Communicate	I need help	Ask questions
Please Stop	Can I please take a break	Success	Can you give me space	Confidence

B	I	N	G	O
Stop bullying	Ask for help	Reflect	Advocate for others	Ask questions
Can you give me space	Problem Solving	Decisions	I am feeling	Independence
Assertive	Choices	I am struggling	I need help	Stay Calm
Get Help	Can I please take a break	Respect	Communicate	Listen
Please Stop	Success	Confidence	Advocate for Others	Express yourself

B	I	N	G	O
Problem Solving	I need help	Can I please take a break	Can you give me space	Communicate
Ask questions	Confidence	Assertive	Decisions	Stay Calm
Get Help	Please Stop	I am struggling	Ask for help	Respect
Stop bullying	Independence	Success	Advocate for others	Advocate for Others
Express yourself	Reflect	Listen	Choices	I am feeling