

B	I	N	G	O
Supports	Achieve	Focus	Reflection	Measureable
Doable	Specific	Opportunity	Action Plan	Progress
Roadblock	Time	FREE	Challenging	Journey
Knowledge	Resilience	Materials	Hard Work	One Month
Goal	Changes	Plan	Two Weeks	Finish

B	I	N	G	O
Time	Action Plan	Reflection	Doable	Opportunity
Focus	Two Weeks	Measureable	Changes	Progress
Knowledge	Challenging	FREE	Journey	Achieve
Hard Work	Plan	Supports	Finish	Resilience
Materials	One Month	Roadblock	Specific	Goal

B	I	N	G	O
Changes	Plan	Action Plan	One Month	Challenging
Supports	Knowledge	Materials	Specific	Measureable
Roadblock	Finish	FREE	Resilience	Hard Work
Time	Progress	Reflection	Two Weeks	Focus
Journey	Achieve	Opportunity	Doable	Goal