

S	O	B	E	R
Trigger	1 Day @ A Time	Cravings	Romanticizing	MADD
Brain	Support group	Passive Aggressive	Abstinence	Relapse Prevention Plan
Stop Skill	Vivitrol	***Palm*** ***Free** **Space**	Accountability	HALT
Honesty	Sobriety	Ice Breaker	Group Rules	Mindfulness
Dry Drunk	Assertive	Recovery	Withdrawal	Coping Skills

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Vivitrol	Abstinence	Romanticizing	Brain	Passive Aggressive
Cravings	Withdrawal	MADD	Assertive	Relapse Prevention Plan
Honesty	Accountability	***Palm*** ***Free** **Space**	HALT	1 Day @ A Time
Group Rules	Recovery	Trigger	Coping Skills	Sobriety
Ice Breaker	Mindfulness	Stop Skill	Support group	Dry Drunk

S	O	B	E	R
Assertive	Recovery	Abstinence	Mindfulness	Accountability
Trigger	Honesty	Ice Breaker	Support group	MADD
Stop Skill	Coping Skills	***Palm*** ***Free** **Space**	Sobriety	Group Rules
Vivitrol	Relapse Prevention Plan	Romanticizing	Withdrawal	Cravings
HALT	1 Day @ A Time	Passive Aggressive	Brain	Dry Drunk