

S	O	B	E	R
Trigger	12 steps	sponsor	Family	Resilience
Money problems	Celebrated a recovery	Surrender	Pain pills	AA
Resentments	Steroids	FREE	clean/sober	Addiction
Marijuana	Benzos	Memory loss	Shame	Mental Health
Relationships	Steps	High risk situation	Heroin	NA

S	O	B	E	R
Memory loss	Heroin	Affirmations	Amends	NNAMHS
Money problems	Meth	Addiction	Steroids	Resilience
Marijuana	Meditation	FREE	Surrender	AA
clean/sober	12 steps	Celebrated a recovery	Guilt	Relapse
Self-care	Resentments	Pain pills	Shame	Benzos

S	O	B	E	R
Relationships	Money problems	Celebrated a recovery	NA	12 steps
Marijuana	sponsor	Meth	NNAMHS	Trigger
Affirmations	milestone	FREE	coping	Communication
Addiction	Resilience	Pain pills	Disease	clean/sober
Benzos	AA	Resentments	Meditation	Family