

Tighten & Tone	Bungee	Circuit	Pop Up	Dance Fitness
Cardio Drumming	Step Cardio	Fierce Fitness	Bungee	Step Cardio
Wishful Shrinking	Buns Guns Abs	Core	Core	Pound
Dance Fitness	Mobility Stretch	Circuit	Fierce Fitness	Buns Guns Abs
Pound	Cardio Drumming	Wishful Shrinking	Cardio Mix	Circuit

Wishful Shrinking	Buns Guns Abs	Step Cardio	Bungee	Buns Guns Abs
Cardio Mix	Pound	Core	Dance Fitness	Mobility Stretch
Cardio Drumming	Circuit	Fierce Fitness	Fierce Fitness	Tighten & Tone
Dance Fitness	Cardio Drumming	Step Cardio	Circuit	Pop Up
Pound	Wishful Shrinking	Circuit	Bungee	Core

Pound	Fierce Fitness	Cardio Drumming	Cardio Mix	Circuit
Buns Guns Abs	Circuit	Cardio Drumming	Core	Tighten & Tone
Dance Fitness	Pound	Fierce Fitness	Buns Guns Abs	Step Cardio
Wishful Shrinking	Mobility Stretch	Wishful Shrinking	Bungee	Bungee
Core	Step Cardio	Pop Up	Circuit	Dance Fitness