

2024

Toes in the ocean	25 g fibre	Delete photos weekly	Relaunch whiskey gap	Keep notebook of thoughts
Be better at my calling	Take gramm on trip	Plant new trees	Add zone 2 and yoga	Read Book of Mormon
Super reduce sugar	Walk after meals	FREE	Attend temple monthly	Get after it
Hang photos	Reno bathroom	Hike carthew alderman	Finish sewing projects	Make a recipe from every cookbook
Do some genealogy	Avoid needless spending	Read 12 non-fiction books	Watch sunrise or sunset	Date night

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meals

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2 and
yoga

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gap

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calling

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