

2	0	2	4	!
Unplugged week 1x a quarter	2 weeks no junk	Go to an aquarium	Solo weekend away	Learn how to sew
Go through basement clothes	Try a new recipe	Read 12 books	Attend a music festival	Save \$2000
Teach Lou 5 new commands	Visit a new country	FREE	Build something	Hit goal weight #2
Host a dinner party	Stick to a screentime limit	Join a book club	Hit goal weight #1	Make a new friend
Gut reset each month	Go camping	Read 20 books	Visit a new state	Go to a hockey game

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Visit a new country	Attend a music festival	Solo weekend away	Go through basement clothes	Read 12 books
Go to an aquarium	Visit a new state	Learn how to sew	Go camping	Save \$2000
Host a dinner party	Build something	FREE	Hit goal weight #2	2 weeks no junk
Hit goal weight #1	Read 20 books	Unplugged week 1x a quarter	Go to a hockey game	Stick to a screentime limit
Join a book club	Make a new friend	Teach Lou 5 new commands	Try a new recipe	Gut reset each month

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Unplugged week 1x a quarter	Host a dinner party	Join a book club	Try a new recipe	Learn how to sew
Teach Lou 5 new commands	Go to a hockey game	FREE	Stick to a screentime limit	Hit goal weight #1
Visit a new country	Save \$2000	Solo weekend away	Visit a new state	Go to an aquarium
Hit goal weight #2	2 weeks no junk	Read 12 books	Go through basement clothes	Gut reset each month