

2	0	2	4	!
Walk outdoors 2x's a week	Drive a convertible	Hike 6 new trails	Take a cruise	Meet my water goals
Get to gym 3 x's a week for 4 weeks	Travel to 4 new places	Read 12 books	Explore 2 National Parks w George	Take lunch breaks
Work on self love	Get 7-8 hr's of sleep 4 nights/week	FREE	Learn to understand football	Make more time for friends
Take a wheel throwing class	Meal prep regularly	Send mail to Madison regularly	Kayak 4 new lakes	Practice gratitude
Get more involved with my CRG	Take a dinner cruise	Go bowling with George	Yoga 4x's a month	Go to the beach at least 1xmo this summer

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Go to the beach at least 1xmo this summer	Walk outdoors 2x's a week	Go bowling with George	Take a wheel throwing class	Get more involved with my CRG
Meet my water goals	Learn to fly a plane	Take lunch breaks	Read 12 books	Travel to 4 new places

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