

B	I	N	G	O
Stress	Awesome	Asking for help	Have faith	Respect
Neighbor Check	Emotions	Self-love	Pesonality	Balance
Resilience	Self-esteem	FREE	Stressors	Be Creative
Perseverance	Know Yourself	Develop trusting relationships	Learned emotions	Self-awareness
Modeling	Primary emotions	Self-care	Helping someone	Helping others

B	I	N	G	O
Optimism	Learned emotions	Have quality relationships	Confidence	Determination
Peer group	Neighbor Check	Modeling	Balance	Self-esteem
Self-actualization	Know Yourself	FREE	Be Creative	Self-regulation
Stressors	Self-love	Awesome	Perseverance	Respect
Emotions	Have faith	Primary emotions	Resilience	Pesonality

B	I	N	G	O
Self-awareness	Be Creative	Determination	Primary emotions	Neighbor Check
Emotions	Resilience	Peer group	Awesome	Know Yourself
Asking for help	Modeling	FREE	Stress	Confidence
What makes you feel great	Sucess	Respect	Perseverance	Happy
Stressors	Balance	Learned emotions	Have faith	Helping others