

B	I	N	G	O
Turf Toe	14	Calcaneus	Plantar Fasciitis	Lateral Cuneiform
7	Tibia	Middle Cuneiform	26	Peroneus brevis
Talus	first metatarsal	FREE	5	Fibula
Flexor Digitorum Longus/Brevis	Posterior talofibular ligament	Jones Fracture	Extensor Hallucis Longus	March fracture
Cuboid	5th metatarsal	Navicular	sesamoid bones	Ankle Sprain

B	I	N	G	O
first metatarsal	26	Plantar Fasciitis	7	Middle Cuneiform
Calcaneus	sesamoid bones	Lateral Cuneiform	5th metatarsal	Peroneus brevis
Flexor Digitorum Longus/Brevis	5	FREE	Fibula	14
Extensor Hallucis Longus	Navicular	Turf Toe	Ankle Sprain	Posterior talofibular ligament
Jones Fracture	March fracture	Talus	Tibia	Cuboid

B	I	N	G	O
5th metatarsal	Navicular	26	March fracture	5
Turf Toe	Flexor Digitorum Longus/Brevis	Jones Fracture	Tibia	Lateral Cuneiform
Talus	Ankle Sprain	FREE	Posterior talofibular ligament	Extensor Hallucis Longus
first metatarsal	Peroneus brevis	Plantar Fasciitis	sesamoid bones	Calcaneus
Fibula	14	Middle Cuneiform	7	Cuboid