

Affirmations

I will have a good day	I am happy	I complete my homework	I respect myself	I like to draw
I can do my work assignment	I will go to sleep on time	I look for the best	I am hopeful	I raise my hands for permission
I will eat breakfast	I will participate in all activities	All about me	I am optimistic	I have coping skills
I have good thoughts	I respect others	I like to color	I follow directions	I listen well
I do not leave my class without permission	I am smart	I love myself	I will talk about my problems	I complete my chores

Affirmations

I will participate in all activities	I am hopeful	I respect myself	I can do my work assignment	I look for the best
I complete my homework	I will talk about my problems	I like to draw	I am smart	I raise my hands for permission
I have good thoughts	I am optimistic	All about me	I have coping skills	I am happy
I follow directions	I love myself	I will have a good day	I complete my chores	I respect others
I like to color	I listen well	I will eat breakfast	I will go to sleep on time	I do not leave my class without permission

Affirmations

I am smart	I love myself	I am hopeful	I listen well	I am optimistic
I will have a good day	I have good thoughts	I like to color	I will go to sleep on time	I like to draw
I will eat breakfast	I complete my chores	All about me	I respect others	I follow directions
I will participate in all activities	I raise my hands for permission	I respect myself	I will talk about my problems	I complete my homework
I have coping skills	I am happy	I look for the best	I can do my work assignment	I do not leave my class without permission