

B	I	N	G	O
Overgeneralization	All-or-Nothing Thinking	Example	Jumping to Conclusions	Example
Example	Mind Reading	Example	Catastrophizing	Fortune Telling
Magnification and minimization	Personalization	FREE	Disqualifying the Positive	Example
Example	Magical Thinking	Example	Example	Example
Example	Emotional Reasoning	Example	"Should" Statements	Example

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