

B	I	N	G	O
Things to look for: has self-directed goals	Green Flag: accepting	Green Flag: Asks for consent before and during sex	Obstacles: defensiveness	Skills to build a healthy relationship: active listening
Red Flag: breaks promises	Green Flag: sincere	Things to look for: Balanced giving and receiving	Red Flag: doesn't ask for consent	Green Flag: thoughtful
Skills to build a healthy relationship: Share feelings	Skills to build a healthy relationship: share decision making	FREE	Green Flag: have fun together	Red Flag: demands all your time
Red Flag: Monitors social media	Red Flag: Never leaving you alone	Skills to build a healthy relationship: apologize when wrong	Red Flag: Won't get tested for STI's	Red Flag: self-centered
Skills to build a healthy relationship: fight fair	Red Flag: Gaslighting	Obstacles: takes self too seriously	Red Flag: controlling	Obstacles: not expressing feelings

B	I	N	G	O
Green Flag: have fun together	Green Flag: negotiates	Red Flag: demands all your time	Red Flag: breaks promises	Red Flag: Won't get tested for STI's
Green Flag: get's tested for STI's regularly	Skills to build a healthy relationship: share decision making	Skills to build a healthy relationship: active listening	Red Flag: Monitors social media	Red Flag: Never leaving you alone
Things to look for: Balanced giving and receiving	Green Flag: accepting	FREE	Things to look for: has self-directed goals	Red Flag: controlling
Red Flag: Refuses to wear condoms or protection	Green Flag: thoughtful	Obstacles: not expressing feelings	Red Flag: self-centered	Things to look for: similar values
Skills to build a healthy relationship: Share feelings	Red Flag: doesn't ask for consent	Skills to build a healthy relationship: fight fair	Green Flag: sincere	Green Flag: Asks for consent before and during sex

B	I	N	G	O
Red Flag: Won't get tested for STI's	Green Flag: sincere	Red Flag: demands all your time	Things to look for: Listens	Green Flag: have fun together
Things to look for: talks about feelings	Things to look for: similar values	Green Flag: thoughtful	Green Flag: get's tested for STI's regularly	Skills to build a healthy relationship: active listening
Red Flag: doesn't ask for consent	Obstacles: defensiveness	FREE	Green Flag: accepting	Things to look for: has self-directed goals
Red Flag: breaks promises	Skills to build a healthy relationship: Share feelings	Red Flag: Never leaving you alone	Red Flag: Monitors social media	Obstacles: takes self too seriously
Red Flag: self-centered	Skills to build a healthy relationship: fight fair	Red Flag: Refuses to wear condoms or protection	Green Flag: Asks for consent before and during sex	Green Flag: negotiates